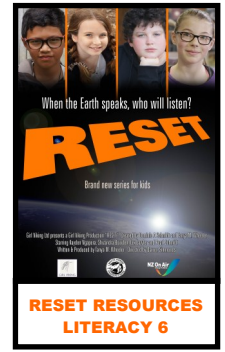


INSIDE US ALL —WEBISODE 5 OF RESET:

Heroes come in all shapes and sizes and they don't always wear capes. Sometimes they are people who do what has to be done because it is the right thing to do... even when it is hard.



Name SIX SUPERHEROES from TV or Film or Comic Books:

- 1) _____
- 2) _____
- 3) _____
- 4) _____
- 5) _____
- 6) _____

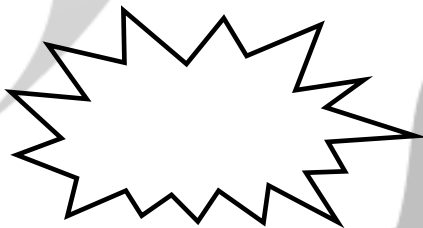
ARE YOU A HERO?

Everyday heroes do little helpful things that make a difference. CIRCLE all of the things that you have done at least once from the list below:

- | | | |
|---|-------------------------------------|------------------------------|
| PICKED UP RUBBISH | CLEANED UP | BROUGHT IN GROCERIES OR MAIL |
| LOOKED AFTER A LITTLE KID | DONATED | THOUGHT OF OTHERS FIRST |
| HELPED SOMEONE | TRIED SOMETHING NEW | WERE KIND TO SOMEONE |
| LOOKED AFTER A PET ANIMAL | MADE A FRIEND | SHARED YOUR THINGS |
| VOLUNTEERED TO HELP | TREATED A DISABLED PERSON WELL | BRAVE AT HOSPITAL |
| NOTICED WHEN YOUR FRIEND WAS SAD | HELPED SOMEONE THROUGH A TOUGH TIME | |
| SAID SOMETHING NICE TO YOUR BROTHER OR SISTER | TOLD YOUR PARENTS YOU LOVE THEM | |
| WERE HELPFUL TO A TEACHER OR COACH OR PARENT | HANDED IN LOST PROPERTY | |

What is your Hero status? If you scored 5 or higher, then you're on track for a superhero cape one day!

Score:



If you want to know what kids around the globe are doing to change the world... without needing a cape, visit <http://www.kidsareheroes.org/>

